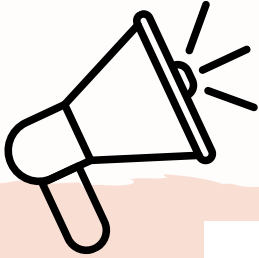


QUARTER 1 NEWSLETTER: AUGUST 9, 2021 - OCTOBER 8, 2021

HMS COUNSELING DEPARTMENT

Taylor Branson - 6th Grade | Hannah Roberts - 7th Grade | Anjelica Nichols - 8th Grade



FOLLOW US ON SOCIAL MEDIA
@HOLSTONMIDDLE



WE:

- GROW FROM OUR STRUGGLES.
- OWN OUR CHOICES AND ATTITUDES.
- PROTECT EACH OTHER'S EMOTIONAL HEALTH
- ARE HOLSTON STRONG - IN MIND AND HEART.



In this
newsletter...

HMS MANTRA

HOW YOU CAN REACH YOUR
STUDENT'S SCHOOL COUNSELOR
AND WAYS THAT WE CAN HELP!

GRADE LEVEL
COUNSELOR
INTRODUCTIONS

HMS Mantra

2021-2022

Each year we adopt a special mantra that guides us through our year. It is read each day to students as a reminder in our morning announcements! At Holston, we strive to use these words to guide our decision making throughout each and every school day!

HOW CAN I REACH MY STUDENT'S COUNSELOR?



• PARENT REFERRAL FORM

- OUR ONLINE PARENT REFERRAL FORM IS LOCATED ON THE SCHOOL WEBSITE WWW.KNOXSCHOOLS.ORG/HOLSTONMS ON THE SCHOOL COUNSELING PAGE. THIS FORM ALLOWS YOU TO SUBMIT A NEED FOR YOUR STUDENT WHETHER THAT NEED IS ACADEMIC, SOCIAL EMOTIONAL OR ANYTHING IN BETWEEN.



• EMAIL AND PHONE

- PLEASE FEEL FREE TO EMAIL OR CALL YOUR STUDENT'S SCHOOL COUNSELOR - THEIR CONTACT INFO IS BELOW!



• SET UP A MEETING

- WE ARE ALSO AVAILABLE FOR YOU TO COME SPEAK WITH US IN PERSON OR VIA TEAMS. DROP US AN EMAIL OR A PHONE CALL TO SET UP A MEETING!



COLLEGE AND CAREER
QUESTIONS
HYGIENE ASSISTANCE
FOOD ASSISTANCE



SOCIAL EMOTIONAL NEEDS

CONFLICT WITH FRIENDS

ACADEMIC HELP

CLOTHING NEEDS

AND MORE!



WHAT KIND OF THINGS CAN MY STUDENT'S COUNSELOR HELP WITH?

holston middle school

Counseling

department



TAYLOR BRANSON

6TH GRADE COUNSELOR

taylor.branson@knoxschools.org
865.594.1300

- GRADUATED FROM THE UNIVERSITY OF TENNESSEE AT KNOXVILLE AND LINCOLN MEMORIAL UNIVERSITY
- 3RD YEAR AT HOLSTON MIDDLE
- PRODUCTION COORDINATOR FOR THE HOLSTON SHOW CHOIR
- LOVES DISNEY!



HANNAH ROBERTS

7TH GRADE COUNSELOR

hannah.roberts@knoxschools.org
865.594.1300

- GRADUATED FROM THE UNIVERSITY OF INDIANAPOLIS AND BUTLER UNIVERSITY
- 2ND YEAR AT HOLSTON
- LEADS PROJECTU AT HOLSTON
- LOVES TO TRAVEL AND BEING OUTDOORS!



ANJELICA NICHOLS

8TH GRADE COUNSELOR

anjelica.nichols@knoxschools.org
865.594.1300

- GRADUATED FROM TENNESSEE WESLEYAN AND CAPELLA UNIVERSITY
- 2ND YEAR AT HOLSTON
- LEADS THE DIVERSITY CLUB AND COACHES VOLLEYBALL AT HOLSTON
- LOVES TO BAKE!

